

ISLA VISTA FOOD COOP



Member-Owner Advantage Sales

April 22-28, 2015

Grocery Department:

Item:	Regular:	Sale:
Back To Nature Organic Mac & Cheese 6 oz	\$2.99	\$2.29
Bare Fruit Cinnamon Apple Chips 2.2 oz	\$2.99	2/\$5.00
Marin Foods Artichoke Hearts In Oil 6 oz	\$2.99	\$2.29
Marin Foods Gluten Free Fig Bars 13 oz	\$5.39	\$4.39
Newman's Own Tom/Bas Bombolina Pasta Sauce 24 oz	\$4.39	\$3.39
Westbrae Organic Cut Green Beans 14.5 oz	\$2.99	\$1.99
Westbrae Sweet Golden Corn 15.25 oz	\$2.99	\$1.99

Frozen Department:

Item:	Regular:	Sale:
Organic Prairie Turkey Chub 12 oz	\$9.99	\$8.99
Rising Moon Organics Artichoke & Olive Ravioli 8 oz	\$4.99	\$3.99
Rising Moon Organics Butternut Squash Ravioli 8 oz	\$4.99	\$3.99
Van's Chocolate Chip Minis Waffles 8 oz	\$3.99	2/\$6.00

Bulk Department (per lb):

Item:	Regular:	Sale:
Bionaturae Organic Penne Rigate bulk	\$2.79	\$2.29
Lotus Foods Organic Volcano Blend Rice bulk	\$3.39	\$2.69
Organic Black Lentils bulk	\$2.99	\$1.99

As a current Member-Owner, if you purchase one of each item on sale this week, you would save \$12.08!