



WHO AM I?

A Faith
Experience
for Youth

Thad Warren

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The vision of CTA is
to see Christians highly effective
in their ministry so that Christ's Kingdom
is strengthened and expanded.



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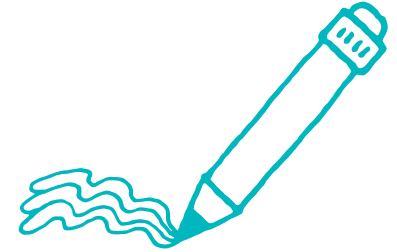
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ISBN 978-1-947699-35-9
Printed in Thailand

WHO AM I?



“Who am I?” is a question so important that we often allow the answer to define our sense of worth, determine our direction in life, and drive our daily decision making. It can feel like who we are is the most important thing in the world. We might think that if we are good looking, admired by others, popular, hard workers, or great performers, we will earn acceptance, have security, experience love, and be significant. *But . . .*

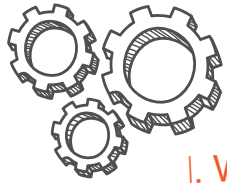
- ⊙ what happens when we fail?
- ⊙ when we don't measure up?
- ⊙ when others don't accept our best effort?
- ⊙ when our looks and actions don't match the unrealistic expectations of ourselves or others?
- ⊙ when we fall short and when we sin?

The following pages introduce you to and remind you of our God, the One who created us, knows us, loves us, redeems us, claims us, and gives us an identity in Jesus that never fails. Each weekly section helps you get set for the week, explore identity, and learn what God's Word says about who you are. The last few pages of the journal are for you. After these eight weeks of practice, continue to journal as you engage God's Word in your daily life and make the conversation of prayer and devotion a part of your normal routine.

Enjoy the journey as you explore the depths of God's love for you in your Savior, Jesus.



There are lots of ways
to use this journal:



1. Work through
each chapter routinely
on specific days.

3. Get together
on Sundays with friends
to talk about what they
have written and won-
dered about throughout
the week as they worked
through the chapter
themselves.

2. Spend as much time
as it takes to get out of
each Scripture everything
the Holy Spirit has put into
it for you. For example,
spend a few days digging
in the passages and
questions offered, and
then spend a day or
so thinking about how
God might want you to
respond to his words.

4. When you run out
of space, get an extra
notebook and write or
doodle some more.

No one will have exactly the same responses as anyone else.
(And no one will check your spelling either!) So just read, think,
sketch, and let the Holy Spirit use his word to grow you up in
faith. He wants to do that more than anything—because he
loves you!



Fearfully
and
wonderfully
made



So God created
man in his own
image, in the
image of God
he created
him; male and
female he
created them.

Genesis 1:27

Week of _____ 



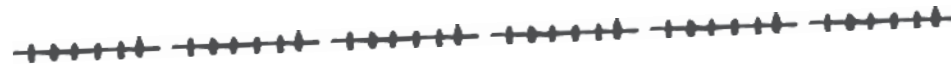
What makes me who I am? Is it my genetic makeup? Is it my ability in sports or academics? Is it what I have learned from my parents? Is it my ability to always look cute? What is it that makes me who I am?

Our brains are amazing in their wonderful design. As we grow and encounter different experiences, our brains change and then they change again and again. Our experiences and thoughts each and every day are literally shaping our brains!

As you reflect on your life and how you make decisions and form thoughts, how has God been active in this process? What influences you in your thoughts and in your view of yourself?



Write, draw, sketch, or doodle here!



Reflect

What do you consider to be your greatest ability or gift? Do you think others fully recognize this ability in you? Are you using this gift to the fullest? Do you at times let something deter you from using this gift? (Those are times when you can confess, receive forgiveness through Jesus, and try again with his help!)



Prayer List:

- ☐
- ☐
- ☐
- ☐
- ☐
- ☐

Weekly To Do's:

- ☐
- ☐
- ☐
- ☐
- ☐
- ☐

Consider

For you formed my inward parts; you knitted me together in my mother's womb. I praise you, for I am fearfully and wonderfully made. Wonderful are your works; my soul knows it very well. My frame was not hidden from you, when I was being made in secret, intricately woven in the depths of the earth. Your eyes saw my unformed substance; in your book were written, every one of them, the days that were formed for me, when as yet there was none of them.

Psalm 139:13-16

If God cares enough to be a part of your very formation and to create you in his image, how special must you be?

Weekly Appointments:

- ☐
- ☐
- ☐

- ☐
- ☐
- ☐